



Fairfield Nursery School:

Allergy management policy

Written: September 2026

Review date: July 2027 for use in September 2027.

Policy Statement:

This policy outlines Fairfield Nursery school's commitment to providing a safe, inclusive and supportive environment for children with allergies and medical conditions. The nursery recognises that allergies can range from mild intolerances to severe and potentially life-threatening anaphylaxis.

The school is committed to complying with:

- The Early Years Foundation Stage (EYFS) Statutory Framework.
- Supporting Pupils at School with Medical Conditions (DfE).
- Food Information Regulations.
- Health and Safety at Work legislation.
- Equality Act 2010.
- Benedict Blythe Foundation recommendations following the death of Benedict Blythe from an allergic reaction, promoting improved allergy awareness, staff training, communication and emergency preparedness.
- Individual healthcare planning requirements for children with medical needs.

Whilst the nursery cannot guarantee an entirely allergen-free environment, every reasonable step will be taken to identify, assess and minimise risks associated with known allergens.

Aims

The school aims to:

- Safeguard children with allergies.
- Promote inclusion and equal access to learning opportunities.
- Reduce the risk of allergen exposure.
- Ensure staff understand allergies and anaphylaxis.
- Provide effective emergency responses when allergic reactions occur.

- Ensure clear communication between parents, healthcare professionals and staff.
- Maintain effective procedures for managing food preparation and food-related activities

Definitions, reaction and medication:

Allergy - An immune system response to a substance that is harmless to most people.

Allergen - A substance capable of triggering an allergic reaction.

Anaphylaxis - A severe, rapid and potentially life-threatening allergic reaction requiring immediate medical treatment.

A response ranging from mild symptoms such as itching and rash to severe breathing difficulties and anaphylaxis.

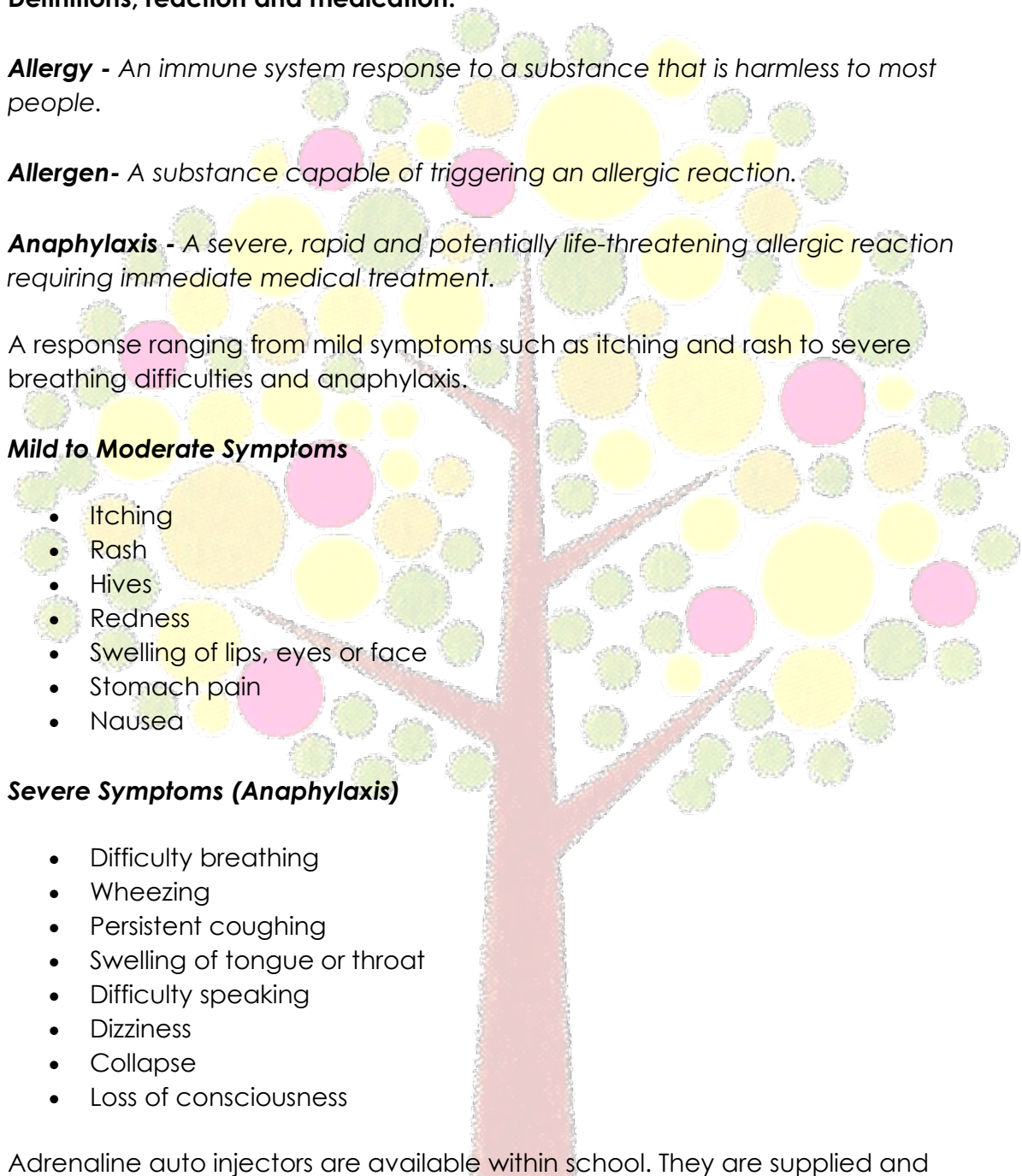
Mild to Moderate Symptoms

- Itching
- Rash
- Hives
- Redness
- Swelling of lips, eyes or face
- Stomach pain
- Nausea

Severe Symptoms (Anaphylaxis)

- Difficulty breathing
- Wheezing
- Persistent coughing
- Swelling of tongue or throat
- Difficulty speaking
- Dizziness
- Collapse
- Loss of consciousness

Adrenaline auto injectors are available within school. They are supplied and maintained by the company called: KITT medical. All staff are trained to use these and spot signs and symptoms of reactions.



Individual health care plans:

A document detailing:

- The child's allergy.
- Symptoms.
- Medication.
- Emergency procedures.
- Responsibilities of staff and parents.

These are created and stored on medical tracker. There are created with parents and a copy is sent to them via email to ensure the details are correct. Medical tracker will prompt review dates and parents will have to confirm details.

Roles and Responsibilities:

The Headteacher will:

- Ensure this policy is implemented and reviewed annually.
- Ensure all staff receive appropriate allergy awareness training.
- Ensure Individual Healthcare Plans are in place.
- Ensure risk assessments are completed where necessary.
- Ensure emergency medication is accessible.
- Promote an allergy-aware culture across the school.

All staff must:

- Familiarise themselves with children's allergies and healthcare plans.
- Attend allergy and anaphylaxis training.
- Recognise signs and symptoms of allergic reactions.
- Follow Individual Healthcare Plans.
- Know where medication is stored.
- Administer medication in accordance with training and procedures.
- Prevent food sharing among children.
- Maintain high standards of hygiene.

Parents/carers must:

- Provide complete and accurate medical information before admission.
- Inform the nursery of any diagnosed allergy immediately.
- Provide medical evidence where appropriate.
- Complete an Individual Healthcare Plan.
- Supply prescribed medication, including Adrenaline Auto-Injectors.
- Ensure medication remains in date. (medical tracker will send reminders)
- Inform the school promptly of any changes to medical needs.

- Participate in healthcare plan reviews.

A child requiring prescribed emergency medication may not attend unless that medication is available in school

Creating an Allergy Aware Environment

The nursery will strive to:

- Minimise exposure to known allergens.
- Promote regular handwashing.
- Clean tables and surfaces thoroughly before and after eating.
- Ensure staff supervise meal and snack times.
- Reinforce the "no food sharing" rule.
- Display allergy information discreetly for staff use.
- Ensure outings and educational visits include allergy risk assessments.

Medication and Emergency Equipment:

The nursery will ensure that:

- A health care form is filled out on medical tracker.
- Medication is stored safely but remains immediately accessible.
- Emergency medication accompanies children on outings.
- Staff know the location of emergency medication at all times.
- Medication is checked regularly for expiry dates (reminders will be sent out via medical tracker).

Staff Training

In line with DfE guidance and recommendations arising from Benedict Blythe's case, the nursery will ensure:

- Whole staff allergy awareness training.
- Regular anaphylaxis training.
- Practical auto-injector training.
- Induction training for new staff.
- Refresher training at least annually.
- Training following admission of a child with significant allergies.

All the above will be provided by KITT medical.

Emergency Procedures

Where a child displays symptoms of anaphylaxis:

1. Follow the child's Individual Healthcare Plan.
2. Administer the prescribed Adrenaline Auto-Injector immediately if indicated.
3. Call 999 and state:
 - o "Child having anaphylaxis."
 - o Location of the nursery.
4. Contact parents/carers.
5. Keep the child under constant supervision.
6. A second trained adult should assist where possible.
7. Monitor the child until emergency services arrive.
8. Accompany the child to hospital if parents are not present.

Written by:



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